

SOAP NOTE

Psychological First Aid Addendum

Safety	<input type="checkbox"/> Safe Language <input type="checkbox"/> Shield Pt from neg details <input type="checkbox"/> Tangible Evidence of survival	
Calm	<input type="checkbox"/> Model Calm <input type="checkbox"/> Decrease arousal <input type="checkbox"/> Give positive feedback <input type="checkbox"/> Support calming breathing	
Connection	<input type="checkbox"/> Connect with Pt <input type="checkbox"/> Connect Pt to others <input type="checkbox"/> Pt Engaged in mission	
Efficacy/Engagement	<input type="checkbox"/> Pt assigned task <input type="checkbox"/> Emphasize Pt role in rescue	
Hope	<input type="checkbox"/> Emphasize solid team <input type="checkbox"/> Operational debrief with Pt	

Signs of Stress Impact	
Tools that worked	